



Who We Are

We break through educational and economic barriers to help women and girls reach their highest potential. We are large enough to be an effective community voice yet small enough to maintain a personal link among our diverse membership.

Ongoing Activities

We sponsor general membership meetings and events, community outreach programs, and a variety of interest groups.

Continuing Education

Meetings and events cover a wide range of topics, from education to women's history and health issues.

Close Friendships

Members enjoy our many vibrant Interest Groups that meet for reading, bridge, Mah Jongg, cooking or dining out, creating crafts or art, touring, walking or hiking, attending movies and professional networking

Exceptional Volunteerism

We support several Outreach Programs and Annual Events focusing on scholarships, diversity, domestic violence, early literacy, healthcare, STEM, and opportunities for middle school girls.

Making an Impact for Women and Girls

For more than 130 years, AAUW has worked as a national grassroots organization to improve family lives

Our Mission

Advancing equity for women and girls through advocacy, education, philanthropy, and research.

National AAUW

Membership offers exceptional benefits:

- A strong voice for civil rights issues
- A powerful network for personal and professional growth
- Relevant information about women's issues
- Valuable resources to improve personal and leadership skills as well as opportunities for educational advancement.

AAUW in Your Community

AAUW's branches work in their communities for the greater good. In nearly 1,000 national branches, members network locally, serve as local and state, sponsor action projects, and advocate for AAUW priority issues.

Diversity Statement

AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

Join Us

Membership in AAUW is open to anyone holding an associate's or higher degree from an accredited college or university. AAUW's 170,000 members and supporters span the US. Your membership makes AAUW's powerful voice even stronger on critical issues affecting women and girls.

To join today, please visit our website <http://www.aauwpoughkeepsie.org>