

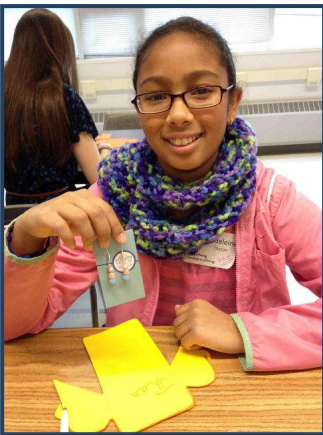
## LIVE YOUR DREAM GIRLS' CONFERENCE

Cecilia Dinio-Durkin [womensworkbw@yahoo.com](mailto:womensworkbw@yahoo.com)

Hi everyone,  
I wanted to take a moment of your time to invite you to get involved with the **LYD Girls' Conference**.

The mission of the conference is to *empower young women with resources and skills to help them navigate through life*. A make or break year, 7th grade, is when girls are most vulnerable to self defeating tendencies, bullying, and withdrawal from school and society.

Please help us bring positive self image, create a venue for self expression, and basic skills to make life worth living.



**We're asking for our branch's members and interest groups to interact with the girls on November 1, 2014.** We will have tables lining the cafeteria at Dutchess Community College with activities for the girls to do. Some will be community service that they can sign up for from some of our partners such as Family Services, Planned Parenthood, Vassar Haiti Project and Grace Smith

House. Some will be arts and crafts including making cards for vets, wrapping gifts for the Children's Home or packing books for *Lead to Reading*.

**Is there something you can teach the girls to sew/knit/crochet in a 10 minute interval?**  
Can they help to make a larger project like a Quilt or blanket?



Please let me know if you'd like to participate for all or part of the day. **The girls start to arrive at 8:45 am and the day is done by 2:30 pm.** The activity tables are open from 8:45-9:30ish, 12-1ish and 1:50-2:30ish.

*I hope you'll join us in giving 7th grade girls from this region a taste of what AAUW is all about as we actively encourage girls to be empowered, expressive, and energized.*

Thank you,  
Cecilia Dinio Durkin, 845/518-2713 ■

The Poughkeepsie Branch presents:

## "EVERYONE AT THE TABLE"

Thursday, November 13, 2014

7:00 pm

Unitarian Universalist Fellowship of Poughkeepsie  
67 S Randolph Avenue  
Poughkeepsie, New York

Join the Poughkeepsie Branch of the American Association of University Women. Hear the Reverend Richard Witt discuss the Rural & Migrant Ministry's efforts to ensure that rural and migrant children have opportunities to further their education.



**Reverend Richard Witt\***  
*Rural & Migrant Ministry*

As executive director, Reverend Witt oversees the efforts of this multi-faith, statewide organization as it works for the creation of a just rural New York State through:

- Nurturing leadership,
- Standing with the disenfranchised, especially farm workers and rural workers,
- Changing unjust systems and structures.

### **Lauren Scianimanico, 2014 Recipient of the Irene Keyes Memorial Fund Scholarship**

Lauren Scianimanica will report on her trip to the NCCWSL (National Conference for College Women Student Leaders).

For more information, go to [www.aauwpoughkeepsie.org](http://www.aauwpoughkeepsie.org)



**Questions:** Mary Coiteux 226-8275 [mcoiteux@frontiernet.net](mailto:mcoiteux@frontiernet.net)  
Susie Blecker 462-7074 [iblecker@aol.com](mailto:iblecker@aol.com)

\* Biography on page 6. ■

## NOVEMBER CALENDAR

Online Calendar at [www.aauwpoughkeepsie.org](http://www.aauwpoughkeepsie.org)

Contact: Kathy Friedman [kfriedman33@gmail.com](mailto:kfriedman33@gmail.com)

- 1 Live Your Dream Girls' Conference:**  
8:30 pm – 2:45 pm DCC, Drumlin Hall.
- 1 Friends of Trekkers: 10:00 am.**  
Meet at the caboose (on Highland side)  
*Bridge Walk Loop, Poughkeepsie*  
Leaders: Jeanette Cantwell (452-4188) &  
Patty Sheehan (698-2298)  
Coordinator: Karen Haynes (297-5700)
- 3 Word Games: 2:00 pm**  
Hostess: Ellie Charwat (462-7061)  
Coordinator: Ellie Charwat (462-7061)
- 4 World Travelers: 7:00 pm**  
*Kenya* presented by Barbara Marmillo  
Hostess: Lillian DePasquale  
Reservations: Jeanette Cantwell (452-4188)  
[AAUWtravelers@gmail.com](mailto:AAUWtravelers@gmail.com)
- 5 The Ediss Book Group: 7:00 pm**  
Book: *Burial Rites* by Hannah Kent  
Hostess: Cyd Averill (485-2866)  
Coordinator: Celia Serotsky (473-8426)
- 6 Board Meeting: 7:00 pm**  
St John's Lutheran Church, Wilbur Blvd, Poughkeepsie
- 10 "The Branch" deadline for December.**
- 10 All those books...: 2:30 pm**  
Book: *A Pair of Blue Eyes* by Thomas Hardy  
Hostess: Karin Fein (471-7186)  
Coordinator: Carol Loizides (452-3208)
- 11 Movie Night: Time TBD by show**  
Movie: Group members will be notified the  
Thursday before - sign up with Sue.  
Discussion: *Eveready Diner*, Rt. 9, Hyde Park  
Director: Susan Osterhoudt (889-4469)  
Producer: Diana Gleeson
- 12 Mah Jongg: Noon - 4:00 pm**  
*Uno Chicago Grill – Lunch*  
*Contact Blanche* (226-6049) by November 10  
Coordinator: Blanche Bergman (462-3955)
- 12 Gourmet: Out & About: 6:30 pm**  
*Hudson's Rib and Fish*, 1099 Rt 9, Fishkill NY  
Contact: Kay Saderholm (229-8545)  
[Ksaderholm@aol.com](mailto:Ksaderholm@aol.com)
- 13 General Membership Program: 7:00 pm**  
*All members are invited and encouraged to attend.*  
*See details on page 1 & 6.*
- 14 Aventures en Soleil: 1:00 pm**  
*Chelsea Art Galleries*  
Please send \$25 check made out to Carol Demicco,  
408 McGrathe Blvd, Fishkill NY 12524  
Contact: Carol Demicco (831-6653)  
Coordinator: Ruth Sheets (473-6202)

- 14 Daytime Literature: 10:00 am**  
Book: *The Art Forger* by B.A. Shapiro  
The Manor at Woodside, 168 Academy, Pok.  
Coordinators: Diana Gleeson (229-8458) &  
Jackie Prusak (226-6049)
- 15 Trekkers: 9:00 am** meet at Toys-R-Us  
*Blue Stone Wild Forest Hike* to Onteora Lake, Catskills  
Leader: Pat Luczai (463-4662)  
Coordinator: Karen Haynes (297-5700)
- 17 Manderley Literary Society: 7:30 pm**  
Book: *The Paris Architect* by Charles Belfoure  
Hostess: Ellie Burch (297-7828)  
Coordinator: Shelly Friedman (462-4996)
- 18 Cuisine: 6:30 pm**  
*Cuisine of Jerusalem*  
Recipes: Amy Schwed, [amyschwed@gmail.com](mailto:amyschwed@gmail.com)  
Hostess: Amy Schwed, [amyschwed@gmail.com](mailto:amyschwed@gmail.com)  
Coordinator: Barbara Lemberger  
[brlemberger@yahoo.com](mailto:brlemberger@yahoo.com)
- 19 Bridge I: 1:00 - 4:00 pm**  
Hostess: Linda Ronayne (897-9745)  
Coordinators: Linda Ronayne (897-9745) &  
Mary Ann Ryan (897-9679)
- 21 Poetry & Play Reading: 2:30 pm**  
Hostess: TBD  
Coordinators: Peggy Hansen (473-8453) &  
Cathy Kinn [cathy@kinn.org](mailto:cathy@kinn.org)
- 22 Bridge 3: 10:00 am**  
Hostess: Patty Cerniglia (298-7655)  
Coordinator: Donna Reichner [dlr0804@verizon.net](mailto:dlr0804@verizon.net)
- 25 Diversity: 5:30-7:30 pm**  
*International Holiday Celebrations*  
**ALL WELCOME!**  
DCC, Browne Hall, Room 122  
Coordinator: Jacqueline Goffe-McNish  
[mcnish@sunydutchess.edu](mailto:mcnish@sunydutchess.edu)



- Date: TBD Contemporary Literature: 7:30**  
Book: Contact Coordinators  
Hostess: Contact Coordinators  
Coordinators: Ann Wade (229-5267) &  
Linda Freisitzer (266-5427)

### No meeting in November due to Thanksgiving!

#### **Art on the Go:**

Coordinator: Mary Coiteux (226-8275)

#### **Bridge II:**

Coordinator: Cathy Kinn [cathy@kinn.org](mailto:cathy@kinn.org)

#### **Pins & Needles:**

Coordinators: Arlene Seligman (297-0006) &  
Jane Toll (463-2712)

#### **Pedal Pushers: Winter Break**

*We will start to ride again the second Wednesday of  
the month on April 8, 2015*

Coordinator: Sheila Zweifler [sheilaz@optonline.net](mailto:sheilaz@optonline.net)

## PRESIDENT'S MESSAGE

Barbara Van Itallie \*462-3924\* [bvanitallie@yahoo.com](mailto:bvanitallie@yahoo.com)

### *The Way to Beat Poverty*

I found a recent article in the New York Times, "The Way to Beat Poverty"\* very interesting, as it is a personal issue of concern, and as it relates to what we do here in AAUW.

Although some think that an approach to poverty is to raise the minimum wage or other similar economic proposals, this article took a different approach. They discuss breaking the cycle of poverty, going back to the womb and early childhood. They say that "one of the overreaching lessons from the past few decades of research about how to break the cycle of poverty in the US is the power of parenting –and of intervening early, ideally in the first years of life." For example, one study measured the levels of stress hormones in infants due to a stressful situation like a loud noise or a shot. When the parent hugs or holds the infant, this stress hormone nearly disappears. This hormone in stressful infancies affects brain structure and stays with the child through life, causing for example, a child to be so alert to danger that they cannot concentrate in school.

According to various studies, **intervention programs that help parents deal with stressful situations in raising a child and providing them with coping strategies are highly successful.** One teen-age mother in a study for example, who smoked, drank and got into fights during pregnancy, received such help from a visiting nurse, and had a child who later graduated from high school, against all odds.

**James Hickman**, a Noble Prize-winning economist, says that, "our society would be better off taking sums we invest in high school and university and redeploying them to help struggling kids in the first five years of life." Children's programs, the article goes on to say, are most effective when they also give parents the tools to nurture their children in their earliest years.

This brings me to two of our programs in AAUW. **Betty Harrel**, head of our *Leading to Reading* program writes, "There are several ways that *Leading to Reading* ties in with the points made in the article. Studies have shown that children raised in print-rich environments have a greater chance of school success. Recent research has focused on the importance of reading to children from birth, or even before, to develop language skills and increase attention. Parent involvement is a key factor in school success, and we give parents tips and easy activities to do with their children related to the books." And our *Healthcare Awareness Group*, headed by **Kay Bishop** and **Lula Allen**, holds a twice monthly meeting for young, underserved new mothers in Poughkeepsie. The group provides information on preventive women's healthcare and parenting, as well as offering a forum where these women can socialize and share experiences. ■

\*New York Times, September 14, 2014, by Nicholas Kristof and Sheryl WuDunn

## LOOKING AHEAD

**Dec 11:** "AAUW Branch Activities Night: A Time for Fun & Friendship"

**Mar 21, 2015:** The District IV meeting will celebrate The 200<sup>th</sup> birthday of Elizabeth Cady Stanton at Fort Montgomery Community College

**Apr 16, 2015:** AAUW-NYS Convention, Byblos Niagara Resort and Spa on Grand Island, Buffalo. See page 6.

**April 26, 2015:** *Writers' Tea.*

## What's happening in AAUW? Check your email regularly!

**Report any change in your email address and other contact information to Kay Saderholm, Membership Vice President, 845/229-8545 [ksaderholm@aol.com](mailto:ksaderholm@aol.com), your interest group coordinator(s), and your community initiative chair(s).**

## LEADING TO READING ON THE GO!

Betty Harrel \*462-2141\* [bharrel28@gmail.com](mailto:bharrel28@gmail.com)

A cadre of our enthusiastic members are heading off to area pre-schools this fall. Once a month, they serve as "Community Readers" at Astor Pre-School Programs, Community Family Development Center, and the Abilities First classrooms. They share their favorite books, love of reading, and experiences as parents, teachers or community members. Times are arranged with the classroom teachers and can be somewhat flexible.



Linda Roy

The rewards are many! They include oohs, aahs, bear hugs and kisses. **Coordinated by Linda Roy**, the program is an outreach of *Leading to Reading*. To join these lucky members, contact her at [lmroy@mail@gmail.com](mailto:lmroy@mail@gmail.com) or 471-9498. ■





## Supporters of *The Branch*!!

Annual contributions from members help defray the expense of publishing *The Branch* and other communication expenses. All patrons and sponsors are listed in each monthly newsletter unless anonymity is requested. All donations are tax deductible to the fullest extent of the law.

### Patrons (\$25 or more)

Catherine Albanese, Lula Allen, Mary G. Bagley,  
Mary Ann Boylan, Sharon Clarke, Lillian DePasquale,  
Ruth Gau, Gloria Gibbs, Sandra Goldberg, Elizabeth Harrel,  
Shaileen Kopec, Catherine Pété, Terry Schneider

### Sponsors (\$10 or more)

Marguerite Cotter, Christina Houghtaling, Cathleen Kinn

To add your name to the list, mail a check payable:

**“Poughkeepsie Branch AAUW, Inc.”** to Margaret Nijhuis, 9  
McAllister Drive, Pleasant Valley, NY 12569

## “HATS OFF”

Mary Coiteux \*226-8275\* [mcoiteux@frontiernet.net](mailto:mcoiteux@frontiernet.net)

*An expression of admiration for someone's achievement or contribution and our acknowledgment for it.*

There are many women in New York State who have made a difference in our lives. The accomplishments of some of these women have been documented and preserved for future generations in a book, *Remarkable Women of New York State*, edited by AAUW-NYS Historians, Helen Engel and Marilyn Smiley.

Many thanks to the women in our AAUW Poughkeepsie Branch who did the research and wrote about these notable women in our area. The biographies listed below are contained in the book, *Remarkable Women of New York State*. Links to purchase the book are available at [www.aauwpoughkeepsie.org](http://www.aauwpoughkeepsie.org) under “Fast Facts”- home page.

*Hats Off* to each of these members:

“Jane Bolin” **Wendy M. Taylor**

“Catharyna Brett” Barbara Wilman

“Anna Buchholz” **Barbara Mindel**,

Anna’s Administrative Assistant

“Helen Kenyon” Biographical Files in the  
Vassar College Archives

“Lucille Pattison” **Judy Linville**

“Ruth Stafford Peale”

Online from [ruthstaffordpeale.org](http://ruthstaffordpeale.org)

“Eleanor Roosevelt” **Eleanor Charwat**

“Marie Tarver” **Geeta Desai**

“Sojourner Truth” **Jacqueline Goffe-McNish** ■

## MEMBERSHIP MATTERS

Kay Saderholm \*229-8545\* [ksaderholm@aol.com](mailto:ksaderholm@aol.com)

We welcomed 15 new members at the October New Member Reception. It was so good to see all of you. We have many opportunities for members to get involved – 20 interest groups, 10 initiatives. Look over your new **Membership Booklet** which you received at the Open House– the names, emails, and phone numbers of the various group leaders are listed there. Find a group that interests you and give the leader a call! At this time our Membership Directory is being prepared. It contains names, addresses, phone numbers, and emails of all members. It will be mailed to you by USPS. Keep it handy by your phone! **A hint** – take one of those free address labels which are always being mailed out by various groups and paste it on the cover of your directory. That way, if you take the directory with you to a meeting, it will always be returned to you.

**Welcome to Gail Upchurch as our very newest member.**

**Members who were not at the Open House** in September can find a copy of the Membership Booklet on the website [www.aauwpoughkeepsie.org](http://www.aauwpoughkeepsie.org) under Fast Facts (and several other places) that you can print and use. The booklet is 10 sheets in a printer friendly format. ■



**Happy Thanksgiving**

*Thank you to the member of the  
Poughkeepsie Branch Board for the  
delicious desserts provided on  
October 9 for the General  
Membership Program and Meeting!*

*If you are willing to help with  
refreshments at a future meeting,  
please contact Barbara Lemberger  
[brleberger@yahoo.com](mailto:brleberger@yahoo.com)*

*or  
Shirley Granda  
452-2686*

## PUBLIC POLICY

Patricia DeLeo \*883-5181\* [pattide2@optonline.net](mailto:pattide2@optonline.net)

### *Orchestrating a Comeback? Consider the Crowd Factor*

What if Title IX applied to nonprofit professional sports? The leagues would be regulated by federal laws, mandates and regulations that prohibit all forms of sexual violence, bias and discrimination. Their nonprofit status could be pulled for non compliance. Male and female salaries would be comparable. Team names couldn't imply racial slurs. The NFL, a ten billion dollar nonprofit, is scrambling to salvage itself from its exposure as an uber patriarchal dynasty intent on protecting its players and its wealth. The NFL needs a Title IX; a program to monitor every action in the field of civil rights, education and economics in professional football.

The NFL knows how to court women-45 per cent of its fan base who make 70 percent of consumer decisions. From pink October to a high end fashion line, they know how to attract female dollars. In response to the recent flurry of domestic and child abuse charges, Commissioner Goodell has hired three domestic violence experts to advise the NFL on new policy-making efforts and created a Vice President for Social Responsibility to oversee domestic abuse, sexual assault, and "respectable behaviors." According to the USA Today database of NFL arrests since 2000, 77 players have been arrested in 85 incidents from 23 of the 32 teams. The reported numbers increase daily.

Can the NFL salvage its reputation? Their long term actions, not short term efforts, need to make abstractions concrete. Past practices show their tendency to negotiate, dismiss and sidestep their own governance. Until they get "their house in order," women shouldn't help them pay their mortgage. Give them a time-out. Hold them to a Title IX standard. Make them accountable.

**There is no reason to boycott football**, but there is no reason to financially reward football for blatant abuses toward women. There are plenty of upright people who have done the right thing, but that doesn't mean one has to finance the mistakes of its failures. **Delay buying licensed NFL products** but wear team colors. **Watch a game at home** instead of paying hundreds of dollars for tickets. **A donation to a battered women's shelter or girls' sports team** would be more beneficial than profits for NFL coffers.

The professional world needs a Title IX; civil rights laws are not enough to guide and monitor corporate America. The NFL must enforce non-negotiable penalties for domestic violence, sexual assault, harassment and child abuse; deliver fair pay for all NFL employees; respect and protect women and their societal roles; not discriminate or harass based on status or sex; impose stiff financial fines; provide a bipartisan, legitimate and credible hearing process. It needs to do what Title IX is designed to do: bring decency and equity to sports. Title IX provides a blue print for the NFL. When the NFL proves its commitment to support women, women should support the NFL.

*Continued in next column...*

Use the **AAUW Two Minute Activist**. Support Title IX and urge your senators and representative to co-sponsor and support the **High School Data Transparency Act (H.R. 455/S. 217) and Paycheck Fairness Act**. "One whisper, added to a thousand others, becomes a roar of discontent." Or give a shout... personalize your message. Tell them that girls are not getting their fair share of high school involvement and emphasize how the defeat of Paycheck Fairness lowers a woman's ability to financially emancipate from abusive domestic situations. Continue the support of I-VAWA - end violence against women." You will be heard. *Orchestrating a Comeback? Consider the Crowd Factor*. ■



### **DO NOT DELAY – GET A SHINGLES SHOT TODAY!**

Cathy Kinn \*462-3196\* [cathy@kinn.org](mailto:cathy@kinn.org)

Given what I know now, I would never have delayed getting a shingles shot. This disease, which lasts about a month or in many cases much longer, is painful and debilitating. It is also far more prevalent than I had realized. All those who have had chicken pox have the potential of getting shingles, especially in later life, and **one can get it more than once**. The vaccine prevents 80% of cases, and those who do get shingles after having had the shot are not as seriously affected.

#### **Editor's Note :**

from <http://www.cdc.gov/shingles/vaccination.html>

Shingles vaccine (Zostavax® or Herpes Zoster Vaccine) reduces the risk of developing shingles and the long-term pain from post-herpetic neuralgia (PHN) caused by shingles. In 2006, the Advisory Committee on Immunization Practices (ACIP) recommended shingles vaccine for people aged 60 years and older. Even people who have had shingles can receive the vaccine to help prevent future occurrences of the disease.

Your risk for developing shingles increases as you get older. The Shingles Prevention Study found that shingles vaccine significantly reduced the disease in people aged 60 years and older.

Shingles vaccine is available by prescription from a healthcare professional. It can be given in doctor's office and pharmacies. Talk with your healthcare professional if you have questions about the shingles vaccine. ■

## SAVE THE DATE!

The AAUW-NYS Convention will be held in Buffalo at the Byblos on Grand Island, this coming spring in honor of the Buffalo Branch's 125 anniversary! Take this chance to visit Buffalo and the beautiful Niagara Falls.

The theme will be "AAUW Leading The Way: Women Leadership in the 21st Century."

Please mark **April 17-19, 2015** on your calendars and plan to join other AAUW members from around the state.

## REVEREND RICHARD WITT BIOGRAPHY

Join the Poughkeepsie Branch of the American Association of University Women and hear the Reverend Richard Witt discuss the Rural & Migrant Ministry's efforts to ensure that rural and migrant children have opportunities to further their education. As executive director, Reverend Witt directs the efforts of this multi-faith, statewide organization as it works for the creation of a just rural New York State. His work includes nurturing leadership; standing with the disenfranchised, especially farm workers and rural workers and changing unjust systems and structures.

Rural and Migrant Ministry's programs include:

- The Youth Empowerment Program, a federation of youth leadership development programs that enable youth to have greater control of their lives as they explore and internalize the concepts of self-worth, leadership and democracy through efforts to create a just society.
- The Accompaniment Program, which develops and connects allies with efforts for rural justice. Of prime concern for Rural and Migrant Ministry is its effort to accompany farm workers as they organize for justice, equality and dignity.

The Reverend Richard Witt has served as executive director of Rural and Migrant Ministry since 1991. Ordained as an Episcopal priest, he has served in congregations in New York and Massachusetts and as a chaplain at Vassar College. He has also worked for a number of non-profit organizations in Massachusetts and New York including: Greater Boston Legal Services, Oficina Hispana and the Episcopal City Mission.

Richard Witt holds degrees from Boston University and The Episcopal Divinity School as well as a General Course Certificate from the London School of Economics. In 2005, he was named as Transformational Fellow with Trinity Church, Wall Street in New York City. In 2008 he was awarded the Marist College President's Award for Community Service. Reverend Witt lives in the foothills of the Catskills with his wife Tracy Leavitt. They are blessed to share life with their two sons Jesse and Asa. ■

## LEGAL ADVOCACY FUND

**"Know Your Rights at Work"**

Marcine Humphrey [marcine.humphrey@gmail.com](mailto:marcine.humphrey@gmail.com)

*Just what does the fund do? One of the features of LAF is information and education.*

Laws exist to protect employees from discrimination and harassment. The rights of employees are protected by federal, state, and local laws, as well as by common law, for discriminatory or illegal behavior by their employers. **The AAUW Legal Advocacy Fund is pleased to provide the "Know Your Rights at Work" resource.** This resource, developed by experts, provides up-to-date content and reflects the latest legal developments, so women know they are getting current information on workplace protection. The Equal Pay Act (EPA) is a federal law that prohibits pay discrimination on the basis of sex. It requires that employers pay similarly situated employees the same wage, regardless of sex. Despite the passage of the EPA more than 50 years ago, women still do not earn wages equal to those of their male peers.

Whether a woman has questions about how the law works or is concerned that she may be a victim of gender-based pay discrimination, the AAUW resources can get a woman started. For example, if a woman is interested in speaking with an attorney, the local bar association can offer a referral to a qualified attorney. The LAF Fund pages on the national web page provide brief introductions of applicable federal, administrative and judicial systems. Women can get definitions of terms, and besides helping to find an attorney, the pages provide "Questions to Ask an Attorney." If a woman is not sure where to find a referral, a woman can email AAUW and AAUW's Legal Advocacy Fund program manager can direct women to a referral source.

**When people ask you about AAUW, don't forget the legal Advocacy Fund's work fighting for women's rights in the workplace. ■**







## HELP WANTED! HELP WANTED!

Maria DeWald, Community Liaison Chair  
*A column to suggest ways you might volunteer in AAUW for our many community initiatives and events.*

### ► Live Your Dream 7th Grade Girls' Conference

Please join us during the event on **November 1, 2014** being held from **8:45 am to 2:30 pm**.

Help by **doing arts and crafts with the attendees, sit in on workshops** as a representative of AAUW and to **aid the workshop leader**, and those with experience in the classroom, we need **Girl Talk Leaders**. Please contact **Cecilia Dinio-Durkin** to find out how to get more involved:  
[womensworkbw@yahoo.com](mailto:womensworkbw@yahoo.com)

► Volunteer mentors are needed for the **GEMS (Girls for Engineering Math Science) program** at Van Wyck Junior High for 6th grade girls. The program meets for **2 periods once per month during the school day**. You will **work on STEM projects** with the group of girls. Contact **Kris Puzza** at [Kpuzza@aol.com](mailto:Kpuzza@aol.com) or 845-221-3488.

► **Court Monitoring Program**: This initiative was established in 2011 whereby interested members could train to become court monitors. There are currently 9 AAUW volunteers who serve as **court monitors**. If interested, call **Ann Pinna, 462-3140** or [ajpinna@aol.com](mailto:ajpinna@aol.com).

► The annual **Writers Tea auction** needs you! This is the AAUW Poughkeepsie's major fundraiser and supports the efforts of the organization's community initiatives plus several scholarships. The auction at the Tea provides the majority of the funds raised. **Please help to procure an auction item or help with organization and setup** to make this the most successful auction ever! Contact **Linda Roberts, 227-5287** or [olsen241@aol.com](mailto:olsen241@aol.com) .■

## EXTENDING GIRLS' HORIZONS

Peggy Kelland \*297-0507\* [peggy.kelland@gmail.com](mailto:peggy.kelland@gmail.com)

The monthly events in S.T.E.A.M. are open to all girls in grades 6-12. Upcoming programs on Fridays from 6:30-8:30 pm. include a **Game Night on November 7** at Myers Corners Elementary School, a **Cooking Event on December 12** at Zion Episcopal Church in Wappingers Falls, and **Decoupage Decor on January 9** at R.C. Ketcham H.S. In January we will be holding a **Jewelry Workshop** on Sunday afternoon, **February 22**, at New Hackensack Reformed Church. Again on Friday evenings at R.C. Ketcham, there will be **fiber crafts on March 13** and **environmental activities on April 10**.

We are also planning a **Girl Scout Journey "Amaze"** on healthy relationships for girls in grades 6-8 Sunday afternoons on **January 25 and February 1** (snow date February 8) at Zion Episcopal Church. We always welcome AAUW and other women who would like to share their talents in any of these areas.

*Continued in the next column...*

*Extending Girls' Horizons* is an outgrowth of the Girls Conference and the reunions AAUW held for several years. Girl Scouts arrange for the venues, girls, chaperones, transportation, and insurance, while AAUW plans the programs and provides presenters. Some programs require a small supply fee, paid by the individual girls or their troops.■



**November 4, 2014**

### GENERAL ELECTION

**Polls are open 6 am – 9 pm.**

Although this is not a presidential year, this elections is very important. There are clear choices in our county concerning issues that are very important, especially to women. Look the candidates over, make your choice and VOTE.

#### Offices to be filled:

Governor/Lieutenant Governor

Comptroller

Attorney General

Justices of the supreme court - not all - see link below.

Representative to the 114th Congress of US - all districts

New York State Senate - all Districts

Member of the New York State Assembly - all Districts

<http://www.elections.ny.gov/NYSBOE/elections/2014/2014MarchCertificationWhereToFile.pdf> ■

### Poughkeepsie Branch AAUW, Inc. Officers 2014-2015

<b>President</b>	Barbara Van Itallie	462-3924
<b>Program V.P.</b>	Susie Blecker	462-7074
	Mary Coiteux	226-8275
<b>Membership V.P.</b>	Kay Saderholm	229-8545
<b>Educ. Foundation V.P.</b>	Linda Roberts	227-5287
<b>Secretary</b>	Katherine Friedman	485-8671
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*AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.*

*In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.*

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